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#### **NEWS RELEASE – MEETING AGENDA**

TO: Concho Valley Regional Advisory Committee on Aging

FROM: Toni P. Roberts, Aging Services Director, Area Agency on Aging of the Concho Valley

DATE: May 10, 2019

SUBJECT: Meeting Agenda

The regular meeting of the Concho Valley Regional Advisory Committee on Aging will be held Wednesday, May 22<sup>nd</sup> beginning at 10:00 a.m. at the Concho Valley Regional Training Center, 2801 W. Loop 306, Suite A, San Angelo, TX. Meetings are open to the public; please contact the office with any questions.

### **AGENDA**

1. Determination of a quorum and call to order

Dolores Schwertner, Chair

- 2. Invocation & Pledge of Allegiance
- 3. Welcome guests
- 4. **Review/Approval of minutes** from March 27<sup>th</sup>, 2019 meeting
- 5. Texas Silver Haired Legislature
- 6. **Vote to Approve:** Gloria Henderson Tom Green County and TSHL representative
- 7. **Vote to Approve:** 2019 Operating Guidelines updated
- 8. **Aging Director's Report:** Closeout, Planning Budget, recap Rural Outreach efforts, 2019 Senior Sourcebook, Public Forums Planning, Upcoming events
- 9. **Area Plan FY 2021 2022:** review Area Plan template and Instructions; discuss Needs Assessment; review FY 19 Service Definitions
- 10. Concho Valley Transit updates/discussion
- 11. Other Business/Announcements
- 12. **Next Meeting:** Wednesday, July 24<sup>th</sup>, 2019 Concho Valley Regional Training Center

A program of the Concho Valley Council of Governments \*Funded in part by Texas Health and Human Services

# MINUTES OF MEETING REGIONAL ADVISORY COMMITTEE ON AGING March 27, 2019

The Regional Advisory Committee on Aging (RACOA) met on Wednesday, March 27<sup>th</sup>, 2019 beginning at 10:08 a.m. at the Concho Valley Area Agency on Aging meeting room, 2801 W. Loop 306, Suite A, San Angelo, Texas.

### Members present were:

Linda Alastuey

**Mary Cortinas** 

Maggie Farrington

Beth Grounds

Louise Jacobsen

Sherry Hubbard

Wayne Merrill

Sheri Millican

Rosie Quintela

**Dolores Schwertner** 

### **Staff present were:**

Toni P. Roberts

Erin Hernandez

#### **BUSINESS**

#### **CALL TO ORDER**

Chairman, Dolores Schwertner, announced the presence of a quorum and called the regular meeting of the Regional Advisory Committee on Aging (RACOA) to order at 10:08 a.m.

## INVOCATION AND PLEDGE OF ALLEGIANCE

Wayne Merrill gave the invocation. Pledge of Allegiance recited by all.

## **WELCOME GUESTS**

Dolores Schwertner introduced Gloria Henderson as a prospective Committee Member. Toni Roberts gave mention about Shelly Bailey from Maximus and expressed Shelly's interested in serving as a Committee Member.

# **APPROVAL OF MINUTES**

The minutes of the January 23rd meeting were reviewed and approved.

## TEXAS SILVER HAIRED LEGISLATURE (TSHL) REPORT

AAA Director, Toni Roberts, reported that she submitted the TSHL paperwork to Barbara Aydlett, TSHL Election and Credentials Committee Chair, for three applicants to represent the Concho Valley region: Gloria Henderson, Sherry Hubbard, and Brigitte Rogers. Toni also reported that she had spoken with Member Wayne Merrill and he reported that he had served three terms, thoroughly enjoyed his time serving, but would not be returning for another term.

Member Hubbard reported that they are in the middle of the legislative session and that she had testified before the House Committee to advocate for an increase in the monthly allowance of Medicaid patients in nursing home facilities. Director Roberts extended a thank you and appreciation to Sherry, not only from the Concho Valley AAA, but also from the Texas Health and Human Services Office of the Long-term Care State Ombudsman, Patty Ducayet, for her legislative advocacy efforts. Member Hubbard also reported that she submitted her paperwork to run for office of TSHL as Deputy Speaker Pro Tem and will be attending the TSHL Executive Committee meeting on April 11, 2019.

## AREA AGENCY ON AGING (AAA) DIRECTOR'S REPORT

Director Roberts provided an update on the following:

Closeout - There were a few questions received by the AAA from the State regarding Closeout between the last RACOA meeting through March 18th. As soon as Closeout is completed then the State can move forward with approving the FY 19 Planning budget.

Evidence Based Intervention (EBI) – Currently the only EBI program offered is Stress-Busting for Caregivers. We are midway through the  $2^{nd}$  session of FY19. We now have 4 certified trainers who can offer this class. Once the Planning Budget is approved, the AAA will submit an Area Plan amendment requesting to offer 1-2 additional EBI classes.

Area Plan Progress Report - was submitted on February 15<sup>th</sup>. We will have a thorough discussion regarding the Area Plan at the May meeting. We have approximately one year to plan and complete a thorough Needs Assessment, to include public forums, for the Concho Valley region.

Outreach efforts – We have completed outreach efforts for half of the counties in our service region. Outreach events were completed in McCulloch County: the Senior Center, Presbyterian Church (Good Samaritan Resource Center), Clergy Association, & Helping Hands. There is a possibility that, in the future, the Good Samaritan Resource Center may partner with the AAA to serve as a provider for AAA support services: income support, heath maintenance and other inhome services. Outreach efforts in Mason, Menard, Kimble, Crockett, & Sutton have been completed. Sterling is scheduled for April 9, 2019. Irion, Coke & Reagan are still pending.

2019 Senior Sourcebook - AAA/2-1-1 staff, Amanda Sedeno & Erin Hernandez, have been working on the Senior Sourcebook. The Standard Times contacted the AAA on Monday, March 25<sup>th</sup> and stated that they will not be doing the Senior Sourcebook this year. The AAA will move forward with the Sourcebook, but must decide on what avenue to pursue for printing based on budgetary limitations. Will also post the Sourcebook to the CVCOG website, as it has been

posted, to limit the number of printed copies.

The AAA will host a cross training on April 11<sup>th</sup> for AAA staff and the Concho Valley Wesley Nurses. This is a similar training that the AAA has held with other community partners in an effort to better understand each agency's services and identify best practices for referrals and service delivery.

### **OPERATING GUIDELINES DISCUSSION**

Review draft of the proposed Operating Guidelines – Prior to the RACOA meeting, Chair Dolores Schwertner had read the draft and offered some suggestions. Foster Grandparents and Senior Companion programs have been removed as the programs no longer participate in RACOA. Chair Schwertner also highlighted a few other minor changes to be made. There was some discussion about 40 committee members being too high and the suggestion to lower the number to 25, to account for the required quorum needed to vote on matters. Vice- Chair Linda Alastuey suggested that we wait to lower this number until after the AAA visits with the Wesley Nurses. There was also discussion on moving section 5 and combining with section 2 in regards to quorum and voting requirements. An updated, final copy will be sent out to members with the May agenda, so that the Committee can review prior to the meeting with the vote being held at the May meeting.

## CONCHO VALLEY TRANSIT – JEFF YORK (ASSISANT GM)

Jeff York was not able to attend today's meeting and Katy Matschek will no longer be serving as a representative for Transit. AAA/211 staff, Erin, created a flyer on behalf of Transit promoting the Free Rural Rides. Grape Creek and Carlsbad are also considered Rural.

#### OTHER BUSINESS/ANNOUNCEMENTS

Member Hubbard gave mention to the Ministerial Alliance Foodbank in Junction. They are a resource for a food pantry and clothes closets.

Member Louise Jacobsen gave mention to the idea of one of the newspapers in the rural counties to be able to print the Senior Sourcebook.

Chair Schwertner announced that Member Mary Roden, representative of Schleicher County, is resigning due to health concerns for herself and her husband. Her dedication and service to the AAA and Seniors in the region, throughout the years, is greatly appreciated.

#### **ADJOURNMENT**

The meeting was adjourned at 11:33 a.m. duly adopted at a meeting of the Regional Advisory Committee on Aging this 27<sup>th</sup> day of March, 2019. The next RACOA meeting is scheduled for Wednesday, May 22<sup>nd</sup>, 2019.

Minutes completed by Erin Hernandez.